

The Stable Brasserie

Starters

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| Soup of the Day A choice of two freshly made home made soups blending the finest quality ingredients | £3.75 |
| Scottish Mussels Served with your choice of: mariniere, provencale or mild curry sauce | £5.25 |
| Chefs Paté of the Day Smooth Brussels paté served with Cumberland sauce and salad | £4.95 |
| Mushroom Pepperpot Button mushrooms bound in a peppercorn and capsicum cream sauce, onions and peppers | £4.95 |
| Barbecued Spare Ribs Served in a tangy barbecue sauce | £5.25 |
| Medals of Black Pudding Medals of black pudding, lightly grilled served with a sauce of your choice: Rich onion gravy, au poivre or Dijon & cream | £4.95 |
| Chilli Chicken Livers Fresh chicken livers, sautéed with onions, mushrooms, fresh chillies and garlic finished in a red wine sauce | £4.95 |
| Gunpowder Prawns King prawns sautéed with fine vegetables finished with a hot chilli sauce | £6.25 |
| Beeches Platter Smoked salmon, poached salmon, pate, brie, avocado & prawns accompanied by a French leaf salad & Marie Rose sauce | £6.25 |
| Beeches Combo for Two A selection of crisp garlic bread, sautéed garlic mushrooms, BBQ pork ribs, giant potato wedges, deep fried filo prawns served with a sweet chilli sauce & garlic mayonnaise dip. | £9.95 |
| Garlic Bread | £2.75 |
| Garlic Bread with Cheese | £2.95 |
| Garlic Bread with Pepperoni & Cheese | £3.25 |
| Garlic Bread with Cheese & Prawns | £3.35 |

Main Courses

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| Chicken Beeches Our renowned namesake dish, strips of tender chicken breast sautéed with onions & garlic in a white wine, cream & garlic sauce | £10.75 |
| Chicken New Yorker Breast of chicken topped with crispy bacon smothered with glazed mozzarella cheese served with a tangy barbecue sauce | £12.75 |
| Halkidiki Style Chicken Succulent breast of chicken stuffed with feta cheese, wrapped in Parma ham served with a sweet barbecue sauce | £12.95 |
| Steak, Chicken & Prawn Strips of prime rump steak, chicken breast & Icelandic prawns with mushrooms, onions, white wine & garlic in a cream sauce | £10.75 |
| Cock 'n' Bull Strips of prime rump steak & chicken breast sautéed with mushrooms and onions in a black and green peppercorn cream sauce | £10.75 |
| Too Hot to Handle Strips of prime rump steak & chicken fillet sautéed with onions, mushrooms & peppers in a HOT chilli sauce | £10.75 |
| Local Sausage Served with mustard or creamy mash and red onion gravy Add a fried egg for 50p | £9.95 |
| Loin of Lamb Eye of lamb wrapped in bacon with a red wine sauce | £15.95 |

Fish

Our Fish is sourced by local fish merchants by C & G Neve of Fleetwood

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| Fillet of Salmon A poached fillet of salmon served with a lime and parsley cream sauce | £10.75 |
| Fillet of Seabass Fillet of seabass, lightly grilled complemented by a champagne & prawn sauce or plain grilled with fresh lemon | £14.95 |

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| Duo of Fish Medallions of salmon and cod, lightly grilled and complemented by a white wine and saffron cream sauce | £10.75 |
| Fish & Chips Boneless fillet of cod, lightly floured and deep fried in a crisp batter served with chips and mushy peas | £9.95 |
| Deep Fried Scampi Whole tail scampi battered and deep fried until golden brown | £9.95 |

From the Char Grill

Our Meat is sourced from local butcher H Greaves of Upholland

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| Sirloin 8oz | £11.95 |
| Fillet Steak 7oz | £15.95 |
| Rib Eye Steak 12oz All the above steaks are accompanied by grilled mushrooms & tomato or accompanying sauces: £1.00 extra; au poivre, Dijon, Diane, bordelaise, garlic & herb butter | £12.95 |
| Tournedos Rossini 7oz Prime fillet steak char grilled to your liking served on a bread crouton with a rich red wine sauce topped with a slice of pate | £15.95 |
| Lancashire Steak 7oz Char grilled fillet steak served on a medallion of black pudding topped with a sliver of pate covered in a red wine sauce | £16.75 |
| Pepperoni Steak 8oz Prime sirloin steak, topped with pepperoni and mozzarella cheese and served in a red wine sauce | £14.75 |
| Steak New Yorker 8oz Sirloin steak topped with crispy bacon smothered with glazed mozzarella cheese served with a tangy barbecue sauce | £15.75 |
| Beeches Mixed Grill 4oz rump steak, Cumberland sausage, 4oz gammon steak, 4oz lamb chop & black pudding served with fried egg, grilled tomato & mushrooms and chips | £14.75 |

The weights stated are uncooked weights

All main courses are served with chips or new potatoes and fresh vegetables, alternatively rice.

A supplement of £1.50 will be added if a side salad is your preferred alternative to vegetables.

Vegetarian Dishes

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| Vegetable, Mixed Bean & Tomato Risotto A selection of market fresh vegetables, lightly sautéed in garlic and ginger, simmered in a tomato and herb sauce and finished with Saffron flavoured Basmati rice | £8.95 |
| Vegetable Curry A selection of vegetables, sautéed with garlic, ginger and soy sauce, simmered in a mild curry sauce and presented on a bed of Saffron flavoured Basmati rice | £8.95 |
| Avocado & Vegetable Bake Fresh vegetables stewed in a tomato and garlic sauce, topped with slices of avocado, bound in a creamy cheese sauce and baked until golden brown | £8.95 |
| Broccoli & Brie Pithiver Slices of soft creamy brie with florets of baby broccoli, encased in a light puff pastry amid a white wine & cheddar cheese sauce | £8.95 |

Pastas

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| Chicken & Prawn Pasta Strips of chicken and Icelandic prawns served with a tasty cream sauce | S/P £4.95 M/C £8.95 |
| Salmon & Broccoli Pasta Tasty pieces of salmon with florets of broccoli served in a cream sauce | S/P £4.95 M/C £8.95 |
| Spaghetti Bolognese | S/P £4.95 M/C £8.95 |
| Chicken & Bacon Pasta Strips of chicken and bacon with a cream sauce | S/P £4.95 M/C £8.95 |
| Asparagus & Parma Ham Pasta Served with red onion, provencale sauce and Fusilli Pasta | S/P £5.25 M/C £9.25 |

Light Meals

Sandwiches/ Salads

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| Roast Turkey & Stuffing | £4.75 / Salad £8.50 |
| Smoked Salmon & Prawn | £5.25 / Salad £8.95 |
| Hot Steak & Onion | £4.95 / Salad £8.75 |
| Hot Cajun Chicken | £4.80 / Salad £8.50 |
| Roast Beef & Horseradish | £5.15 / Salad £8.95 |
| Ham & Smoked Cheese | £4.75 / Salad £8.50 |
| Poached Salmon & Cucumber | £4.95 / Salad £8.90 |

Any of the above may be served as a sandwich on white/wholemeal bread or baguette or as a Salad

Side Orders

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| Onion Rings | £2.95 |
| Beeches Fries | £1.75 |
| Chips | £1.75 |
| New Potatoes | £1.25 |
| Jacket Potato With or without garlic butter | £2.50 |
| Garden Peas / Mushy Peas | £1.25 |
| Vegetables | £1.45 |
| Tomato, Cucumber and Red Onion Salad | £2.50 |
| Side Salad – Choose from a Chopped Salad, Green Salad or Mixed Salad served with a choice of dressings; Balsamic, Caesar, Olive Oil, Blue Cheese, Chilli, Lemon or French Dressing | £2.95 |

SAMPLE SPECIAL MENU

Changing Monthly

Starter & Main Course £8.95 Main Course only £6.75

Available MONDAY TO THURSDAY 12.00-10.00pm FRIDAY 12.00-7.00pm SATURDAY 12.00-6.00pm SUNDAY 12.00-9.00pm

STARTERS

CHOICE OF SOUPS

The finest stocks & market fresh vegetables, blended to make a tasty soup, served with a warm crusty roll

PATÉ

A smooth pate scented with garlic & brandy, served with a rich Cumberland sauce, fresh garden leaf salad & warm toast

MEDALS OF BLACK PUDDING

Two medals of black pudding, lightly grilled, accompanied by a spicy au poivre sauce

SWEET CHILLI MUSHROOMS

Button mushrooms sautéed with mixed vegetables, scented with garlic, ginger and soy, finished in a sweet chilli sauce

SMOKED MACKEREL PLATTER

A fillet of smoked mackerel presented with a small salad garnish and served with lemon mayonnaise

GARLIC BREAD WITH CHEESE

Golden oven baked French bread, scented with herbs & garlic, topped with Mozzarella cheese & glazed till golden brown

MELON & PINEAPPLE COCKTAIL

Cubes of honeydew melon & fresh pineapple presented in a cocktail glass topped with fresh fruits and raspberry coulis

We would like to advise all our customers that this menu is offered as a special menu at the times stated. Unfortunately should you require a different dish than any stated on this menu, please choose from the ongoing Brasserie menu or specials board, the price will be as indicated on the relevant menu.

MAIN COURSES

CHICKEN BEECHES

A char grilled chicken breast complemented by a garlic and cream sauce

VEGETARIAN OPTION

Please ask for today's special

CUMBERLAND SAUSAGE

Two Cumberland sausages, oven roasted & accompanied by a rich onion gravy

HOT SALMON SALAD

Poached fillet of salmon with mixed salad & a dressing of your choice

RUMP STEAK

Prime 5oz rump steak, char grilled with mushrooms and tomatoes or a Bordelaise sauce

CHILLI CON CARNE

Homemade chilli con carne, served on a bed of saffron rice

CHICKEN & BEEF CURRY

Strips of prime rump steak & chicken breast served in a homemade mild curry sauce

Main courses served with a choice of rice, or chips & vegetables, or new potatoes & vegetables, except the chilli and hot chicken salad

All weights stated are uncooked weights

SIDE ORDERS

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| Beeches Fries | £1.75 | Onion Rings | £2.95 |
| New Potatoes | £1.25 | Vegetables | £1.45 |
| Rice | £1.25 | Crusty Roll | 0.30p |
| Chips | £1.75 | Sauces | £1.00 |

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